



**Policy Number: CRA-AP-033  
Issue / Version No. V 0.1**

# **Sex and Relationships**

**Current Status:  
FINAL**

**Ratified**

**Compliance:**

**All members of Chandlers Ridge Academy staff will follow Academy policies.  
The consequences of non-compliance may include disciplinary or legal action.**

## Document Control

<b>Application</b>	This policy pertains to all activities undertaken by all staff at Chandlers Ridge Academy
<b>Associated policy reference and title</b>	Safeguarding
<b>Date of ratification</b>	March 2019
<b>Date to be reviewed</b>	March 2021
<b>Replacing</b>	Sex and relationships 2016
<b>Policy Lead</b>	Louise Lidgard
<b>Members of working party</b>	
<b>This policy has been ratified by: Board or Sub-Committee (specify)</b>	

## Consultation Audit Trail

<b>Name</b>	<b>Role</b>	<b>Version</b>	<b>Date</b>
Local Governing body	consultation	V0.1	March 2019

## Change Log

Summarise the major changes between versions below

<b>Pg/Section</b>	<b>Change</b>	<b>Version</b>	<b>Date</b>
	Added puberty and menstruation	V0.1	March 2019

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# Chandlers Ridge Academy Sex and Relationships Policy

## 1. Introduction

SRE reflects the values of the PSHCE programme, SRE will be taught in the context of relationships. In addition, SRE will promote children's self-esteem and emotional well-being. It will help them form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

## 2. Scope of Policy and Objectives

SRE contributes to the foundations of PSHCE by ensuring that all children;

- Develop confidence in talking, listening and thinking about feelings and relationships
- Are able to name parts of their body and describe how their body works
- Can protect themselves and ask for help and support
- Are prepared for puberty.

SRE will:

- Provide information which is easy to understand, relevant and appropriate to the age and maturity of the children
- Include the development of communication and social skills

Encourage the exploration and clarification of values and the development of positive values

## 3. Responsibilities

1. **VALT:** Vision Academy Learning Trust has overall responsibility to ensure that policies and procedures are in place for the processes associated with the Chandlers Ridge Academy
2. **LGB:** The Local Governing Body has responsibility to ensure that Chandlers Ridge Academy operates within the policies and procedures set out by VALT.
3. **Head Teacher:** The Head Teacher has responsibility to ensure that operational services are suitably established within the policy and procedural framework set out by VALT, and to ensure that all staff and volunteers understand and comply with the policy and procedural framework.
4. **Senior Leadership Team:** Each Senior Leader is responsible for ensuring that the policies and procedures are adhered to within their area of accountability.
5. **Teachers:** Each Teacher is responsible for ensuring that the policies and procedures are adhered to within their area of accountability.
6. **All Staff and volunteer helpers:** All staff and volunteer helpers within the scope of the policies and procedures are responsible for the implementation of the policy within their own area of accountability

7. **Anyone else who has a responsibility to implement this policy** – ie Parents, carers and pupils

## **4. Key Themes**

### **4.1 Legal requirements of Sex Education provision**

Compulsory elements of National Curriculum Science at Key stage 1 and 2.

PSHE and Citizenship Framework (non statutory)

This policy is based on the guidelines from DFE Sex and Relationships Educational Guidance July 2000.

### **4.2 When and how**

The school has implemented “Lucinda and Godfrey” from Reception to Year 6. The Lucinda and Godfrey books deal with the issues of relationships and puberty is introduced in year 5 and 6. Additional resources will be used if and when appropriate. The School Nurse is also available to input where necessary and may be used for any year group.

SRE is delivered alongside the PSHCE curriculum and not isolated or taken out of context.

### **4.3 Parental right to withdraw**

Parents may withdraw their child from non-National curriculum SRE except those parts which are part of the statutory Science curriculum.

A letter to the Head Teacher must be submitted if this is the case.

### **4.4 Confidentiality**

Individual pupils will be able to discuss with teachers any questions and issues or concerns that may affect them personally, where appropriate. Teachers must exercise discretion and judgement concerning these issues which may prove to be explicit. Dealing with these issues as a whole class may not be appropriate. Teachers should normally discuss the child’s concerns first with the parents, to find out how they want to proceed. It may be appropriate to respond individually to the child’s question, outside the class, if that is agreed by the parents.

In exceptional circumstances, if the teacher believes that a child is distressed or in danger, it may be appropriate for the teacher to speak individually to the child to clarify the basis for these concerns, before contacting parents. It may also be necessary to consider the school’s policy and procedures regarding Child Protection.

#### **4.5 Puberty**

At Chandlers Ridge in consultation with parents we will prepare children for puberty at an age appropriate time.

#### **4.6 Menstruation**

Linked to our education about puberty will be preparation for girls to cope with menstruation. Sanitary products are available within school if needed and a disposal unit is situated in the girl's toilets.

### **5. Roles and responsibilities**

#### **5.1 Health Professionals**

Our SRE is delivered by school staff as part of the school PSHCE curriculum. Sometimes visitors and outside agencies are involved their contribution this will be planned as part of the overall S.R.E. programme. Their contributions should complement the teaching already taking place in school.

- They can work with and give support to teachers
- They can provide a link to relevant services
- They can inform pupils about using health services in the area
- Give pupils confidential support and advice Health professionals who are involved in delivering S.R.E. programmes are expected to work within the school's S.R.E. policy and in the instruction of the headteacher. However, when they are in their professional role, such as a school nurse in consultation with an individual pupil, they should follow their own professional code of conduct.

### **6. Implementation**

1. Chandlers Ridge Academy Local Governing Body, Head Teacher, Senior Leadership Team and Teachers are responsible for ensuring that this policy is effectively implemented.
2. This policy will be available on the Chandlers Ridge Academy Website.

### **7. Audit**

1. This policy will be reviewed on a 2 year cycle or earlier if needed.