

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
PE	PE	PE	PE	PE	PE
<ul style="list-style-type: none"> I can copy & repeat basic body patterns & movements I can remember simple dance steps and perform these in a controlled manner I can roll, curl, travel and balance in different, controlled ways I can throw underarm I can kick a ball I can throw and catch with both hands I can hit a ball with a bat I can send a ball in the direction of another person I can talk about the short term effects of exercise 	<ul style="list-style-type: none"> I can follow the rules of a game I can pass a ball to someone else I can use hitting, kicking and/or rolling in a game I am beginning to decide about the best position to be in, in a game I can copy, remember, explore and repeat simple actions with varying speed and levels I can work on my own or with a partner, when performing a sequence of actions I am beginning to select simple actions to construct basic sequences that follow 'rules' <p>0-4 – working towards</p> <p>5+ – at</p>	<ul style="list-style-type: none"> I am aware of space, when playing a game I am aware of teammates and the opposition and use tactics in light of this I can throw and catch a ball, whilst moving I listen to rules and use them fairly I can adapt sequences to suit a variety of apparatus I can create and share phrases/actions with a partner or small group I can repeat, remember and perform phrases/actions I can demonstrate a range of throwing actions using a variety of objects I can run at fast, medium and slow speeds; changing speed and direction, when asked I can follow a route safely 	<ul style="list-style-type: none"> I can catch with one hand I can talk about reasons for warming up / why exercise is good for health I can throw and catch, accurately I can hit a ball with control I am beginning to vary tactics and adapt skills depending on what is happening around me When creating a sequence, I can work in a controlled way by changing speed/direction/shape I can take the lead when working with a partner/small group I can run at a speed appropriate to the distance I am running I can throw a variety of equipment and hit a target I can follow a route, in a time limit 	<ul style="list-style-type: none"> I can gain possession during a game I can use a number of techniques to pass, dribble and shoot Independently I can find an appropriate place to field I can combine action, balance and shape in a sequence of actions When dancing, I show fluency, accuracy and consistency I can perform to music I show controlled take-off and landing when jumping I can combine running and jumping I can follow a map in an unknown location I can change my route, using new information, to overcome a problem 	<ul style="list-style-type: none"> I can explain to a partner the rules of a game I can control and catch a ball and accurately pass whilst moving I can lead others in a game situation When creating sequences, I can combine my own moves and that of others I can describe how to refine, improve and modify performances I can link sequences to specific timings I can demonstrate accuracy and technique in a range of throwing and jumping activities I can demonstrate stamina
<p>0-6 – working towards</p> <p>7+ – at</p>	<p>0-4 – working towards</p> <p>5+ – at</p>	<p>0-6 – working towards</p> <p>7+ – at</p>	<p>0-6 – working towards</p> <p>7+ – at</p>	<p>0-6 – working towards</p> <p>7+ – at</p>	<p>0-5 – working towards</p> <p>6+ – at</p>

